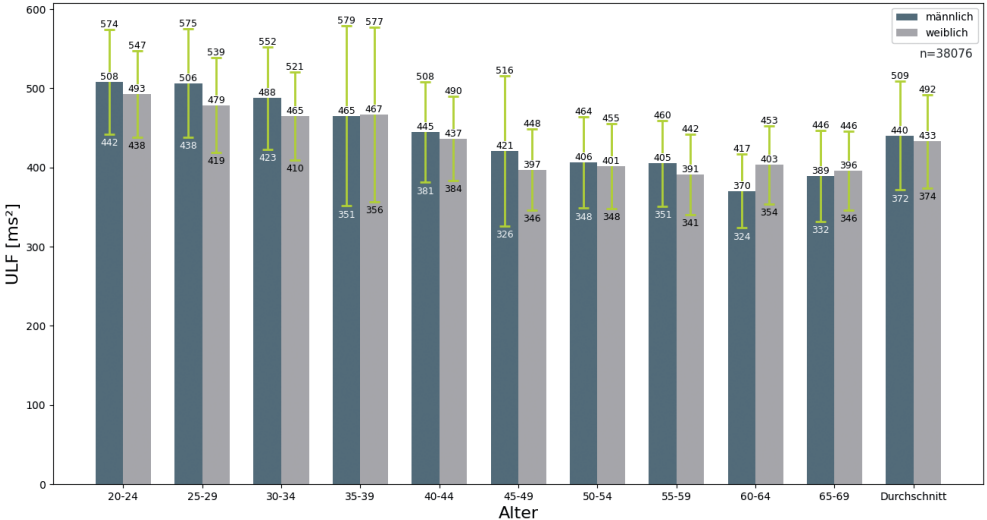

Abb. 4.18 ULF gesamt Männer und Frauen (Quelle: Autonom Health®, 2021).